

## Coach, Trainer & Speaker – Munich/Salzburg

### Introduction

Moritz Geisreiter is a certified business coach, trainer and speaker with the strengths of a top IO Olympian. He supports high potentials, managers and teams to reach their full potential in a goal-oriented and methodically sound manner. Like a good training partner, he offers you slipstreaming along the way and spurs you on to top performance. As a speaker, the long-time athlete spokesman inspires with valuable learnings from professional Olympic sports, in-depth psychological background knowledge and his warm and inspiring approach towards people.



### Services

#### Coaching

- Coaching
- Individual objectives
- Competency assessment (certif.)
- Motivating leadership
- Healthy performance under stress
- Conflict strategies

#### Training

- Young Leadership
- Team Performance
- Conflict Management
- Self-Management
- Teambuilding (Outdoors)

#### Speaking

- From the Olympics to the office: Mental strategies from professional sports
- Strength scanner: Recognizing and utilizing my USP
- Pure motivation – and its limits

### Focal Points of Work



Strengths Assessment



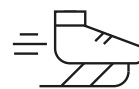
Team-Performance



Leadership Development



Communication



Professional Sports

## References

- KPMG Coaching-Workshops, Speaking: Managers
- EY Coaching-Workshops, Speaking: Managers
- Rosenberger-Group Trainings, Individual Coachings: Managers
- AOK Trainings: Managers
- Nintendo Europe Trainings: Managers
- German Ski Federation Trainings: Coaching Staff SX
- TU Munich Speaking: Chair of Sports Psychology
- Deutsche Sporthilfe Coaching-Workshops: Olympic Athletes
- Elite Sports Individual Coachings: Olympic Athletes

## Personal Experience

- Top IO Olympian and 8-time national champion in ice speed skating (5 km, 10 km)
- Intercultural competence from 12 years in elite sports
- Long-standing athlete spokesman for Athleten Deutschland, German Speed Skating and Short Track Association (DESG), German Olympic Federation (DOSB)

## Professional Qualifications

- Systemic Business Coach (ISTOB)
- Systemic Agile Learning Coach (ifsm)
- Coach for Balance of Competencies (Perform Plus)
- Business psychologist (M. A.)
- Coaching, training and speaking in German, English and French

I am looking forward to getting to know you.